

Preparation Guidelines of Ultrasound Pelvis

- ✓ ***Medication and Allergy Notification:***
 - *Inform your physician about:*
 - *Medications you are taking.*
 - *Any allergies, especially to barium or iodinated contrast materials.*
- ✓ ***Dietary Restrictions:***
 - *On the day before the procedure, you will likely be asked to:*
 - *Avoid eating solid foods.*
 - *Drink only clear liquids such as juice, tea, black coffee, broth, or cola.*
 - *Avoid dairy products.*
 - *After midnight, avoid all food and drink.*
- ✓ ***Laxatives:***
 - *You may be asked to take a laxative (pill or liquid form) the night before and possibly a few hours before the procedure.*
- ✓ ***Clothing and Accessories:***
 - *Remove some or all of your clothing.*
 - *Remove jewelry, dental appliances, eyeglasses, and any metal objects that could interfere with imaging.*
- ✓ ***Pregnancy Precaution:***
 - *Inform your physician and the x-ray technologist if there is any chance you are pregnant.*