

Preparation Guidelines of MRI of the Breast

✓ ***Clothing***

- *Wear a hospital gown or loose-fitting clothing without metal fasteners.*

✓ ***Eating & Medications:***

- *Follow facility-specific guidelines. Unless instructed otherwise, you can eat and take medications as usual.*

✓ ***Health Conditions:***

- *Inform the technologist if you have serious health issues or recently underwent surgery.*

✓ ***Claustrophobia or Anxiety:***

- *Discuss with your doctor about taking a mild sedative if necessary.*

✓ ***Jewelry & Accessories:***

Remove all metal and electronic items before the scan, including:

- *Jewelry, watches, credit cards, and hearing aids.*
- *Pins, zippers, and metallic items that could distort images.*
- *Body piercings, removable dental work, and eyeglasses.*

✓ ***Metal Implants:***

Notify the radiologist about implants such as:

- *Cochlear implants, aneurysm clips, and metal coils in blood vessels.*
- *Older pacemakers and defibrillators (may pose safety concerns).*
- *Shrapnel, bullets, or any foreign metal bodies, particularly near the eyes.*

✓ ***Tattoo Pigments:***

- *Some tattoo dyes containing iron might heat up during the scan. Though rare, mention tattoos to the radiologist.*

✓ ***Implant Safety Documentation:***

- *Bring documentation about the type and safety of any implanted medical devices to your exam.*