

Preparation Guidelines of General Ultrasound Imaging

- ✓ *Wear loose, comfortable clothing.*
- ✓ *You may need to remove clothing and jewelry in the area to be examined.*
- ✓ *Preparation may vary depending on the type of ultrasound: For some scans, avoid eating or drinking for up to 12 hours before the exam. For others, drink up to six glasses of water two hours prior and avoid urinating to ensure a full bladder during the scan.*
- ✓ *For children: Ultrasound exams are sensitive to motion, so calming the child and explaining the procedure beforehand can help ensure a smooth process.*