

Preparation Guidelines of Doppler Imaging

- ✓ ***Clothing:*** Wear comfortable, loose-fitting attire. You may need to remove clothing and jewelry in the area being examined.
- ✓ ***Dietary Instructions:***
 - For some scans, fasting for up to 12 hours may be required.
 - For bladder examinations, you may need to drink up to six glasses of water two hours before your scan and refrain from urinating to ensure a full bladder.
 - For abdominal vessel scans, fasting may be necessary unless it is an urgent procedure.
- ✓ ***For Children:*** Motion can affect the quality of ultrasound images. To ensure a smooth process, explain the procedure to the child beforehand to help them remain calm and cooperative.