

Preparation Guidelines of Cardiac MRI

- ✓ ***Clothing:*** Wear a gown or loose, metal-free clothing.
- ✓ ***Diet:*** Follow specific instructions given for your exam; typically, you can eat and take medications as usual.
- ✓ ***Health Conditions:*** Inform the technologist about serious health issues or recent surgeries.
- ✓ ***Claustrophobia/Anxiety:*** Consult your doctor about a mild sedative if necessary.